

**Staying On Target Peception Date  
Pre/ Post-Data**

**1. How important to you are your grades?**

**Pre-Test-** 3 Students (1) 14%, 5 Students (2) 23%, 13 Students (3) 61%

**Post-Test-** 21 Students (5) 100%

**2. How important is using a planner/or assignment book?**

**Pre-Test-** 21 Students (1) 100%

**Post-Test-** 6 Students (3) 28%, 10 Students (4) 47%, 5 Students (5) 23%

**3. How important is setting goals?**

**Pre-Test-** 3 Students (2) 14%, 8 Students (3) 38%, 10 Students (4) 47%

**Post-Test-** 17 Students (4) 80%, 4 Students (5) 19%

**4. How important is using stress management strategies?**

**Pre-Test-** 6 Students (2) 28%, 12 Students (3) 57%, 3 Students (4) 14%

**Post-Test-** 19 Students (4) 66%, 3 Students (5) 23%